

# 社會工作者宗教信仰與 專業價值之會通與衝突\*

胡中宜

國立彰化師範大學輔導與諮商學系助理教授

在西方國家，宗教在社會工作專業發展的歷史上扮演著重要的角色。社會工作實務中，許多執業的社會工作者本身就是神職人員、信徒，或是受聘於宗教性福利組織。本文旨在探索宗教信仰與社會工作專業價值的會通與衝突之處，以及當社會工作者面對價值衝突的情境時如何思辨與進行解決。本研究採取深度訪談法，選取十一位具有宗教信仰的社會工作者，研究結果發現五項會通，包括服務、社會正義、重視個人價值、接納與同理。四種衝突，包括1. 宗教教導與價值中立；2. 包容憐憫與專業界線；3. 家長主義與案主自決；4. 恪遵戒律與不評斷。

關鍵字：專業價值、宗教信仰、社會工作

# The Conflict and Consensus between Religious Beliefs and Professional Values of Social Workers

Chung-yi Hu

Assistant Professor

Department of Guidance and Counseling  
National Changhua University of Education

## ABSTRACT

In the western countries, religion played an important role in the history of social work development. In social work practice, a lot of social workers have also been clergy, believers, or employees of religious welfare organizations. The aim of this study was to explore the conflict and consensus between religious beliefs and professional values of social workers. How did social workers think about and solve conflicts of value? This study adopted the in-depth interview method and selected eleven social workers with religious beliefs. According to the findings, there were five dimensions of consensus, including: (1) service; (2) social justice; (3) dignity and worth of the person; (4) acceptance; (5) empathy. Lastly, there were four kinds of conflicts, including: (1) spiritual intervention vs. value-free; (2) forgiving vs. professional boundary; (3) paternalism vs. self-determination; (4) religions discipline vs. non-judgment.

Key Words: professional values, religious beliefs, social work